

**FOR IMMEDIATE RELEASE**

February 14, 2017

Contact: Melissa Wyant  
[commintern@atlantic10.org](mailto:commintern@atlantic10.org)**Gomez, Corbosiero, Cowan Named A-10 Indoor Track & Field Performers of the Week*****Davis and Lewis Earn Rookie Honors***

**NEWPORT NEWS, Va.** – George Mason’s Rico Gomez was named the Atlantic 10 Conference Men’s Indoor Track and Field Performer of the Week while Richmond’s Amanda Corbosiero and Massachusetts’ Emilie Cowan were named the Women’s Co-Performers of the Week. Also honored was Davidson’s James Davis, who was named the Men’s Rookie of the Week, and Rhode Island’s Juleen Davis, who was named the Women’s Rookie of the Week. The awards were based off performances from Feb. 6-12.

Gomez, a sophomore from Upper Marlboro, Md., snagged a pair of second-place finishes at the SPIRE NCAA Division I Track & Field Invitational at the SPIRE Institute on Saturday in Geneva, Ohio. Gomez finished second in the 300-meter dash with a personal-best time of 33.69. He then anchored the 4x400-meter relay team to a second-place finish with a time of 3:07.99. The 4x400-meter relay team has the fastest time in the Atlantic 10 by more than five seconds and is the 20th fastest 4x4 team in the country.

Cowan broke her own school record in the 400-meters at the David Hemery Valentine Invitational with a time of 53.67. The sophomore from Maplewood, N.J., finished first overall in a field of 159 competitors. Her time currently tops the A-10 and ranks 26<sup>th</sup> nationally.

Corbosiero, a junior from Roseland, N.J., recorded a time of 4:41.56 in the mile at the David Hemery Valentine Invitational. Her mark is top in the Atlantic 10 this season, second all-time in Richmond program history and currently 26<sup>th</sup> in the nation.

Davis finished first in the pole vault at the JDL College Team Challenge clearing 4.55 meters. The freshman from Clarksville, Ga., opened at 4.25 meter and needed only four attempts to clear the 4.55 meter height.

Lewis placed second overall in the triple jump with a personal best and ECAC qualifying mark of 40' 6". The performance by the freshman from Dorchester, Mass., ranks as the third best jump in school history. She also recorded jumps of 40' 5.5" and 40' 2.75" which are the ninth and tenth best Rhode Island marks all-time. She was also fifth in the 60-meter dash with a personal best and ECAC qualifying time of 7.69 seconds.

***About the Atlantic 10 Conference***

*The Atlantic 10 Conference was founded in 1975 and consists of 14 diverse members across eight states and Washington, D.C. The mission of the Atlantic 10 is to provide an enhanced student-athlete experience through 21 nationally competitive championship sports. The basketball-centric conference is committed to integrity, educational excellence and providing quality equitable championship experiences for its student-athletes, coaches, and support staff. The membership consists of Davidson College, the University of Dayton, Duquesne University, Fordham University, George Mason University, The George Washington University, La Salle University, the University of Massachusetts, the University of Rhode Island, University of Richmond, St. Bonaventure University, Saint Joseph's University, Saint Louis University and Virginia Commonwealth University. For more information, visit [www.atlantic10.com](http://www.atlantic10.com).*